

LH Kit Testing

We utilize Clear Blue Easy (urine strips, not the electronic monitor or digital read out) or OvuQuick kits for LH kit testing. Please begin testing on cycle day ____.

WEEKDAY TESTING:

On weekdays, test twice per day:

Test #1 should be the second time you urinate in the morning (before 9:30 AM).

Test #2 Your second test should be between 6:00 – 9:00 PM. Please call Andrology at (801) 581-3740 and leave a message or call first thing the next morning (open at 7:30 AM).

WEEKEND TESTING:

On weekends, please test once by 9:00 AM for any preparation and call Andrology by 9:30 AM.

POSITIVE RESULTS:

The test line is positive when it matches or is darker than the reference line. When your test is positive, promptly call Andrology at (801) 581-3740 to schedule an insemination for the next day. *IF the test line approaches positive but the subsequent test is lighter, please call Andrology and explain the situation.*

The sooner you call to schedule, the better able we are to accommodate you. Questions about your LH kit test results maybe directed to an Andrology Lab technician.

Unless otherwise instructed, your partner will come in the day of the insemination (the day after your LH kit turns positive) to give a sperm sample. If you are not utilizing insemination, you will plan intercourse within 24 hours after having your LH kit turn positive.

SPERM PREPARATION/METHOD:

- Refrigeration-heparin incubation (Please call the Laboratory at (801) 581-3740 for specific instructions)
- Gradient prepared sperm for intrauterine insemination
- Washed sperm for intrauterine insemination
- Donor insemination
- Intercourse